

ALL ABOUT US

**Your guide to local
business, services
and professionals**



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At Access Physical Therapy & Wellness, we focus on individualized plans for each of our patients to best suit their needs. As our patient, we will provide you with a thorough evaluation and education about your condition. Following that, we will design a comprehensive treatment plan that is attuned to you and your goals. Our team includes Doctors of Physical Therapy and Board-Certified Specialists in Orthopedics. Our staff is extremely dedicated to providing you with expert rehabilitation services. This enables us to get you better and back to your normal activities sooner, safer and with less pain.

- Our rehabilitation services include treatment for:
- Back & Neck Pain
 - Arthritis
 - Orthopedic & Sports Injuries
 - Balance Training/Fall Prevention
 - LSVT-BIG
 - Kinesiotaping
 - Neurological Conditions
 - Post-Surgical
 - Graston
 - Chronic Pain
 - Work Injuries
 - Hands—Occupational Therapy
 - Pediatrics
 - Vestibular Rehab
 - TMJ
 - Industrial Rehab Services
 - Functional Capacity Evaluations
 - Work Conditioning

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Newburgh (845) 561-2024	New Windsor (845) 977-3085	

Take charge of your health, and visit us today www.accessptw.com



30+ LOCATIONS, VISIT OUR WEBSITE FOR MORE INFORMATION

CDS Auto & Truck Repair Center



Chris and Susan

Proudly servicing our neighbors in the Cornwall, New Windsor and West Point area for over 30 years. Many of our loyal customers remember when we were located in the Village of Cornwall-on-Hudson. Our new location allows us to get back to doing Preventative Maintenance and Repairs for not only cars but retail clients and fleet owners of autos, buses and trucks. We are a full service shop offering FREE local pick up & delivery and FREE estimates.

We also offer alignments and towing. We are dedicated to giving you the very best service with a focus on dependability, customer service and quality. Please schedule an appointment by visiting our website at cgsrepaircenter.us or call our friendly staff at 845-563-9987 today! Our hours are Monday thru Friday 8 a.m. to 5:30 p.m. and Saturday 8 a.m. to 12:30 p.m.

2917 Rt. 9W, Suite 200, New Windsor, NY • 845-563-9987
cgsrepaircenter.us • cgsautoandtruck@gmail.com

Dan's Small Engine Repair, LLC



Dan Stemmler and Dumpster (CEO)

Dan Stemmler has been providing quality equipment and repairs for small engines for more than 20 years. In 1991 he opened Dan's Small Engine Repair and in 2005 he moved to his current location on Albany Post Road between Walden, Montgomery and Pine Bush.

Dan is a certified Cub Cadet dealer. "We service and repair most major brands," said Dan, "Not just what we sell." Dan's Small Engine Repair is an authorized dealer and warranty shop that stocks parts for most major brands.

Dan's Small Engine Repair offers pick up and delivery, a full repair department, and a full inventory of parts and equipment. Dan takes pride in his customer service and the quality equipment he uses to service the machines. Working in a small town allows him to provide the service all his customers deserve.

Dan's Small Engine repair is open Monday – Friday from 9 a.m. – 5 p.m. and Saturday from 9 a.m. – 12 p.m.

2295 Albany Post Road, Walden • 845-778-4642

Dina Bryan State Farm Insurance

Dina Bryan of State Farm Insurance has been providing personal service and quality products for her clients since 1994. She and her team offer auto, homeowners, health, bank product, and financial service insurance. Their competitive prices and professionalism keeps clients coming back again and again. "We are a relationship-based insurance agency," said Dina. "You could buy your insurance anywhere but we get to know the customers, we show the value of having State Farm as your insurance agency."

Dina's goal is to be able to provide her clients with the insurance products they need while building long lasting relationships in the community. She has lived in Orange County all her life and has worked in Walden for 25 years. "In a small community clients can just step off the street and come into the office," said Dina. "People still want to be able to come in to the office and talk to the agent and their team. You don't get that from bigger communities or 1-800 insurance agencies."

For a free review of your current insurance needs, call 778-7113.



Dina Bryan



155 W Main Street, Walden

(845) 778-7113

FAX (845) 778-7190

Dina.bryan.grxg@statefarm.com

Houlihan Lawrence LaGrange



Lynn Simmons



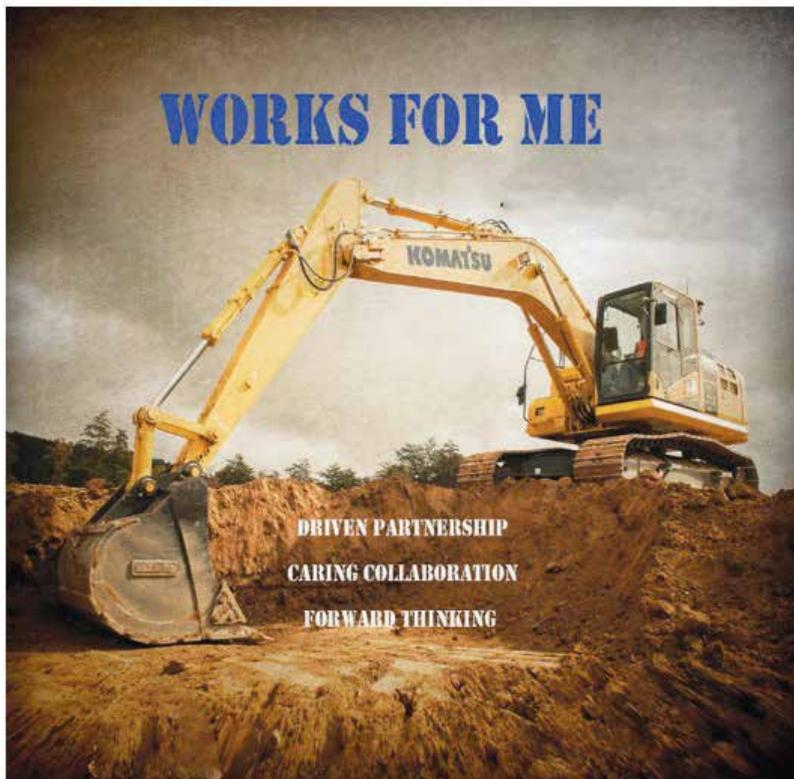
Meet the winning team of Houlihan Lawrence LaGrange and Lynn Simmons! Leaders not only in real estate sales but also in community service, they offer highly personalized, professional service for all your real estate needs and deep commitment to causes that matter. Here's just a few of their recent charitable activities: Sparrow's Nest, which provides meals to families affected by cancer in the Hudson Valley; Walk for Awareness, to shed light, raise money and bring hope to people and families affected by substance abuse; Cinderella's Closet, providing prom dresses for girls in need; Susan G. Komen Foundation, seeking a cure for breast cancer; ARC of Dutchess County; Wear Purple, taking a stand against domestic violence; and many more. And don't forget our four legged friends! Local animal organizations are supported with \$50 donations from closed sales. Combined with the community support, dynamic management and marketing approach of Houlihan Lawrence LaGrange, Lynn's dedication, enthusiasm and follow-through have earned her a legion of satisfied buyers and sellers spanning almost three and a half decades in the industry. She's a consistent top producer and one of the top listers in her office and the Hudson Valley's real estate community. It's the best of both worlds -- Houlihan Lawrence's industry-leading marketing technology with its powerful social media exposure plus the highly personalized service and dedication of an experienced, trusted agent equals real estate success for you!



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Joe's Small Engine of Pine Bush



Left to right: Anita & Joe Dunn (Owners), Gary Deyo, Fred Tokash

For over 31 years, Joe's Small Engine of Pine Bush has been providing outdoor power equipment sales and service in the Hudson Valley. We are a local "mom and pop" small business provider of quality equipment, parts, service and repair. We are an authorized dealer of Husqvarna, Hustler and Toro. We carry a large inventory of zero-turns, tractors, push mowers, snow blowers, chainsaws, string trimmers, tillers, log splitters, and accessories. We have established a reputation for outstanding customer service, expert knowledge and honesty. Our goal is to help get your outdoor chores done right!

4 Railroad Avenue, Pine Bush • (845) 744-3720
www.JoesSmallEngineofPineBush.com



Sofokles Tax Service

Sofokles Tax Service has been on Broadway for over 20 years and in business for 30. They take pride in their year-round customer service and professional staff.

Patty Sofokles, attended Western Michigan University and graduated from Parsons Business College, taught numerous tax courses, is a long time member of NATP (National Association of Tax Preparers) and is a Registered Tax Return Preparer with the IRS.

Dottie Oberle, a former financial consultant, now does personal tax returns as well as specializes in trusts and corporate. She has been with us seasonally for 23 years.

Nancy Mamazza is a retired calculus teacher from NFA. She is a valued employee who has been fill time seasonally since 2012.

Alexandra Sofokles, Pattys daughter, is a graduate of SUNY Albany and is the office manager. Chrissy Gravel, is an accounting student and is training to be a tax preparer. She is looking forward to her upcoming fourth tax season.

Bonnie Bennett has formerly worked at H&R Block for years and will be back for her second season.

To contact us call 845-569-8299 or email us at taxsinger@aol.com



448 Broadway, Newburgh • 845-569-8299



"Good old fashioned service"

Quality Service Center has been located in Montgomery since 1982. Bob Reynolds Sr. and his employees work diligently to provide the best service for your auto and truck needs for more than 30 years. According to one Quality Service Center customer, "They have the best technicians under one roof!" In fact, Quality Service sent out a survey to gather additional feedback from their customers. They received glowing reviews from customers saying that they were pleased with the "extraordinary service," "knowledgeable technicians," and "the integrity of the staff" among many other things. Manager Bob Reynolds Sr. invites current as well as prospective customers to stop by for a visit and read through the positive feedback that is prominently displayed in a large binder sitting on the front counter. He is very thankful for all of his customers and everyone who took the time to participate in the survey.

Quality Service Center offers a wide array of services for vehicles including basic oil changes, vehicle maintenance inspection, fuel and air induction cleanup, power steering service, transmission service, A/C maintenance, brake fluid service, tires and alignments and 4x4 driveline service. In addition to the services offered in Montgomery, Quality Auto Body also prides themselves on their Collision Repair Shop which has been located in Vails Gate since 1942. They are proud to be celebrating over 70 years in service. "Working here," said Reynolds Sr., "we all get satisfaction from helping people, solving problems and fixing cars safely and correctly."

This family-owned automotive shop also plays a vital part in the local community. "We love the community here," said Reynolds. Quality Service Center sponsors Little League teams in Montgomery and Maybrook, promotes Valley Central's All-Night Grad party, Mock DWI Assembly, supports the high school's musical and many other school programs. They also support the local fire departments. In fact, Reynolds himself and tech, Brad Kaufmann, have given their time to the community through his service as a volunteer firefighter in Montgomery. He and Brad Kaufmann are both past Montgomery Fire Department Chiefs.

Quality Service Center prides themselves on their dedicated service. "Quality is never an accident; it is always the result of high intention, sincere effort, and skillful execution. It represents the wise choice of many alternatives." -Will A. Foster.

Quality Service Center is open Monday – Friday, 8 a.m. – 5 p.m. and Saturday from 8 a.m.– 12 p.m.



Pictured left to right, Kenny Ortiz, Aaron McGraw, Nate Martinez, Brad Kaufmann, Heather Salyer, Cindy Reynolds, Bob Reynolds Sr.

Quality Service Center, Inc.

2040 Route 208, Montgomery • (845) 457-5520
A Division of Quality Auto Body, Rt 32, Vails Gate
Mickey Bigg and Sons 24 Hour Towing Specialists



We support the Richie Reynolds foundation



Frank Stevens & Sons Roofing, Inc.



Over 45 Years of
Quality Roofing

Frank Stevens began roofing at the age of 18 in 1960. In 1973, he opened Frank Stevens Roofing and went on to incorporate in 1999 as Frank Stevens & Sons Roofing, Inc.

They are family owned and operated specializing in the replacement and repair of commercial and residential roofing systems on low-slope and steep-slope roofs, including built-up hot tar roof systems, single ply membranes (EPDM Rubber, TPO & PVC), asphalt shingles, real and faux slate, cedar shake and metal roofing (standing seam panel & metal shingle).

In their 40+ years in business they have completed numerous public and private projects ranging from schools, correctional facilities, town halls, museums, airport hangars, military structures, retail stores and nursing homes, as well as places of worship, firehouses, and of course residences - big and small.

A call to them will bring an actual roofer, not a salesman.

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Yoga on the Walkkill



Jane Kirk, Yvette Smith, Tim Shannon and Liesi Shannon

Yoga means union. Yoga on the Walkkill has been connecting the mind, body and spirit of its community since 2009. Director Tim Shannon and his wife, Liesi Shannon always had a passion for yoga. After years of study with Susan Olsen, a leading teacher trainer in the Hudson Valley Tim and Susan decided to open a studio in the beautiful Village of Montgomery.

"There's a community within the studio itself. It's a safe place ; people can come to relax while at the same time get the benefit of the yoga practice" said Tim.

Yoga on the Walkkill is proud to announce we have a new director, Yvette Smith. "Yoga has benefited me so much in my life. I would like to offer this gift to others and aid them in transformation," said Yvette.

Yoga on the Walkkill accommodates each person regardless of experience, physical limitations, body type or ability. There are classes everyday- varying from gentle classes on Wednesday and Thursday morning, to a high energy class on Monday evening. The rest of the classes are for all levels. On Thursday afternoon at 4:15 the class is given by freewill donation. All proceeds go to the Food Bank of the Hudson Valley.

Every instructor offers a unique style. Making everyone feel welcome and accepted is their goal. They are united in their commitment to help students find their path to better health, less stress and mental clarity. This serene location on the Walkkill River is the perfect place to unwind. Rates are \$15/drop-in; \$60/5 Class Card; \$120/11 Class Card.

For new Students who have never been to the studio, the First Class is FREE.

100 Ward Street, Suite B, Montgomery • (845) 457-1157



Daniel M. Martuscello
(Partner)



John G. Rusk
(Partner)



Daniel J. Rusk
(Partner)



Pamela D. Rusk
(Partner)



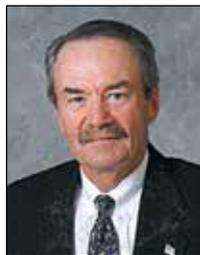
Jason J. Kovacs
(Partner)



John J. Wadlin
(Of Counsel)



Daniel G. Heppner
(Of Counsel)



E. Michael Kavanagh
(Of Counsel)



Christine H. Guido
(Associate)



Melissa Manna-Williams
(Associate)

SKILLFULLY REPRESENTING CLIENTS FOR MORE THAN 140 YEARS

Rusk, Wadlin, Heppner & Martuscello is the oldest law firm in Ulster County and one of the most respected practices in the Hudson Valley. Founded in 1870, it continues to build its reputation for skilled representation and personalized attention to each client's needs.

The firm specializes in all aspects of personal injury cases, including construction accidents, vehicle collisions and traumatic brain injuries. The firm secured one of the largest verdicts for a brain injury in Ulster County, an award of more than \$3 million for a motorist who suffered a traumatic brain injury in a car accident.

We prepare clients for future needs with comprehensive estate planning, including asset protection planning to avoid the high cost of long term care and plans to minimize taxes and preserve family wealth. We assist with

administration of estates and trust to guide executors, administrators and trustees to fulfill their fiduciary duties to beneficiaries."

With offices in Kingston and Marlboro, the firm is pleased to offer convenient access to an array of other legal services including real estate transactions, bankruptcy matters, family law, banking, business law and municipal law.

This past year, the law firm of Rusk, Wadlin, Heppner and Martuscello, LLP, was honored by the Legal Services of the Hudson Valley at a special "Ulster Partners in Justice Reception." Proceeds from the event supported Legal Services, whose mission is to, "provide free, high quality counsel in civil matters for individuals and families who cannot afford to pay an attorney where basic human needs are at stake."



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