Vothers Day Sunday, May 8, 2016

Mothers hold their

children's hands

for a short while, but their hearts forever.

- Unknown



Taking mom out for a night on the town

other's Day serves to honor all those women who devote so much time and effort to their families. While gifts and other trinkets are certainly part of the celebration, a vast majority of children opt to treat Mom to a night out on the town. Offering mom a night off from cooking and an opportunity to get dressed up and spend time together as a family.

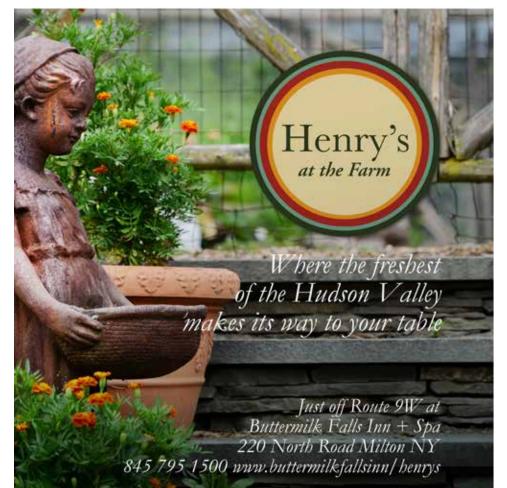
A vast number of families travel to their favorite restaurants for Mother's Day meals. Mother's Day is one of the busiest holidays of the year for restaurants. The National Retail Federation says 54.8 percent of Americans treat their mothers to a special meal out on Mother's Day. Billions of dollars are generated by people eating out with their mothers. With large crowds to be expected, diners can follow a few tips when treating Mom to a meal.

• To guarantee a reservation at any restaurant, namely your favorite

other's Day serves to honor all those restaurant, you will need to make a reservation well in advance of Mother's Day. It's never too early to put your name on the reservation list.

• Even with a reservation, you're bound to spend some time waiting at the restaurant. Other families may be lingering at their tables, as no one wants to rush Mom out of the door. Plan accordingly for a potentially long wait time. This means having a snack before you leave. Don't arrive famished, as no one wants the dining party to be hungry and cranky, which is not a good way to celebrate Mom. Have plenty of snacks and drinks on hand for young children, as well as activities to keep them entertained.

• Restaurants are generally packed on Mother's Day, and as a result kitchen wait staffs can be overtaxed. What's more, diners might be relegated to a special or abbreviated menu. If you want a more relaxed setting and the ability to order



whatever you desire, it may be a better idea to celebrate Mother's Day in advance. Then have Mom enjoy a relaxing day at home on her special day. • Treat Mom to a dinner out, without really going out. Many restaurants offer takeout service - giving Mom many options.



Mom is love at first sight



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Mother's Day flower ideas

other's Day is an annual holiday that honors motherhood and provides an opportunity for men, women and children to show their mothers how much they appreciate them.

The tradition of Mother's Day in the United States dates back more than a century to 1908, when West Virginia native Anna Jarvis held a memorial service to honor her mother, who had passed away three years earlier, and all mothers in Grafton, West Virginia. Mother's Day would ultimately become a national holiday in the United States in 1914, thanks in large part to Jarvis' campaigning. As Jarvis, who never married and never had children of her own, grew old, she criticized Mother's Day as overly commercial, even trying to have it removed from the calendar. Those efforts failed, and Mother's Day remains popular now, more than 100 years after the idea for it was conceived.

While Mother's Day traditions have

adowsceni

extraordinary flowers

THERESA COLUCCI, AIFD

PROFESSIONAL FLORIST

ne changed since Jarvis first proposed the holiday, many people feel it's customary is' to give mothers gifts on Mother's Day, when moms take the day off from chores and relax with their families. Flowers make for popular Mother's Day gifts, and well-wishers who want to give the special women in their lives flowers this year can consider a host of varieties.

Carnations

Carnations are popular Mother's Day flowers, perhaps because they are available in a number of colors. That means it's highly likely sons, daughters, husbands and others gifting moms this Mother's Day can find some carnations in Mom's favorite color. Ask your florist about what each carnation color symbolizes, as each has its own unique meaning. Pink carnations, for example, are believed to symbolize a mother's love.

Roses

Few mothers can resist roses, making them one of the more popular flowers come Mother's Day. Roses are symbolic of love and make the perfect floral gift for mothers who like traditional flowers. If you want to spice things up, order a bouquet of roses of various colors.

Daffodils

Yellow is synonymous with spring, and daffodils can highlight the season in which Mother's Day takes place while also providing a cheerful look that's perfect for Mother's Day floral bouquets. Daffodils can be given on their own or added to mixed bouquets. Daffodils also last quite a while when cared for correctly, giving moms more than just a few days to enjoy their bouquets.

Freesia

Like daffodils, freesia are long-lasting, meaning mothers will still be enjoying them long after Mother's Day has come and gone. The inviting fragrance of freesia makes bouquets of these flowers popular choices for Mother's Day gifts. Freesia come in many colors, proving gift givers a greater chance of finding flowers their mothers will love.

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